

You Are Here: Creating Your Path in PMR

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Today's Learning Objectives:

- ◆ Map a strategy for selecting the **best practice opportunity** based on your skills and preferences;
- ◆ **Identify resources** available through the AAPMR and other entities for assistance with resume building, job coaching, contractual negotiations and other essential job preparation needs
- ◆ Utilize the **AAPMR Job Board** to search for positions, post their resumes, and use the job search capabilities
- ◆ Understand how to navigate the **AAPMR Job fair** to make contacts and find opportunities
- ◆ **Be aware of how the current healthcare environment may impact job opportunities in PMR**

Disclosures

- ◆ Charlotte H. Smith MD has no disclosures.

This is a time of rapid change for healthcare in the U.S.A



- ◆ Political/business pressures to control costs of medical care resulting in the Affordable Care Act/ACOs.
- ◆ Increasing/aging population
- ◆ Increasing sophistication of medical technology creating complex medical challenges
- ◆ Fewer resources to provide care
- ◆ Physician shortage vs glut???
- ◆ ALL of this is resulting in **dramatic market changes.**

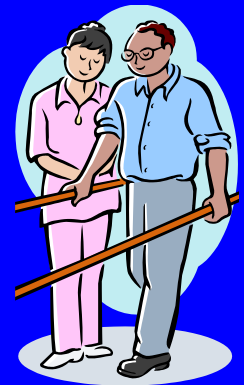
ACA Trends affecting Physicians

- ◆ Mergers & ‘Supergroups’
- ◆ More employed physicians
- ◆ Hospital Owned Physician Groups
- ◆ Shared risk
- ◆ Compensation Plan incentives
- ◆ Need for alignment with healthcare networks.



The Rehab Physician's critical role in healthcare networks: Optimizing Function

- ◆ Rehab Physicians are experts in function.
- ◆ Functional status impacts LOS, outcomes and readmissions.
- ◆ The ability to manage/understand all body systems (swallowing, bowel, bladder) allows function to be improved.
- ◆ Optimizing function helps prevent many medical complications (decubiti, hospital acquired infections, DVT, disuse weakness/deconditioning)



Physiatrist's skill sets in healthcare networks: Program Development & Team Building Expertise

- ◆ Rehab Physicians have expertise in:
 - programs (TBI, SCI, CVA, Ortho, Pain, etc.) is a foundational aspect of PMR.
 - working with teams (interdisciplinary and with other physician specialists)
 - discharge planning & coordinating care
 - patient/family education & engagement
 - setting goals & projecting timeframes for meeting goals
- ◆ ALL of these skill sets are helpful (but not plentiful) within ACO environments currently.



Why aren't Rehab Physicians more engaged in ACOs & healthcare networks:

- ◆ We don't have enough Rehab Physicians engaged where they are most needed:
- ◆ Rehab Physicians are not integrated enough into acute care hospital teams or leadership.
- ◆ We are at the 'end of the food chain' instead of being proactively involved at all phases (inpatient and outpatient)
- ◆ No one knows what we do (STILL!!!)



Opportunities for Rehab Physician Engagement:

- ◆ Inpatient opportunities:
 - Acute Care consult
 - Inpatient Rehab hospitals
 - LTAC consults
 - SNF/SAU programs
- ◆ Outpatient opportunities
 - Specialty programs/clinics
 - Extensivist clinics
 - Wellness/prevention programs



Bottom Line:

- ◆ There are MANY opportunities for PMR doctors.
- ◆ These opportunities may look **different** from jobs from the past (maybe even **better**!)
- ◆ This is the time for PMR to rise to the forefront of healthcare.



Questions???

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